

Question 2: Letter of advice

Uy Louise Ghillian San Jose, 4A (9)

Dear Mary,

I hope this finds you well. I heard that studying abroad can make you feel very homesick for Hong Kong. I have some advice for you so you won't feel so lonely there.

Firstly, I recommend that you try new activities. You can develop a new hobby like baking or crocheting. This can distract you from being homesick since you'll be occupied. Also, you can watch a new movie or series to keep your mind off feelings of homesickness.

Secondly, remember to always call your family in Hong Kong. Although this might make you miss them more or feel even more homesick, seeing them on a video call can give you the strength to continue pursuing your dream of studying abroad. You'll realize that studying abroad is for your future and your success. Additionally, don't forget to keep in touch with your friends, as they can also help cheer you up.

Another piece of advice is to go out and explore the new place you're in. You can visit different places and immerse yourself in the culture. It's important to enjoy yourself while you are abroad. Even though you miss Hong Kong, you can still appreciate your time away. There are many places and opportunities you have yet to experience. Not everyone gets the chance to study abroad, so you should make good use of it and savor the moment. Besides, you are still young, so you should enjoy your adolescence, even if you're abroad.

Lastly, I suggest you make new friends. Building relationships and hanging out with them can help reduce feelings of homesickness. Make sure you go out with friends you enjoy being with, as that's very important. Friends play a vital role in one's life. Engaging in different activities with friends makes life happier and easier. If you're in the right friend group, they will be with you during your highs and lows. They will cheer for you when you achieve something, and they'll also support you when you're feeling down. They can be a shoulder to cry on when you feel lonely or homesick.

Overall, it's normal to feel homesick, and it takes time to adjust to living abroad. However, if you persevere and work hard, it'll pay off. To help take your mind off homesickness, you can learn new

things, go out and enjoy yourself, and make new friends. Remember, overcoming homesickness takes time, so don't rush the process. Anyway, I wish you the best of luck, and if you can, please reply and let me know how you're doing.

Best regards,

Chris